

## PRE-OPERATIVE MEDICATIONS TO AVOID

**The following is a list of common medications (and supplements) that should be AVOIDED:**

Do not take Aspirin, garlic pills, ginseng, ginkgo biloba, vitamin E, fish oil pills or anti-inflammatory drugs for 1-2 weeks prior to surgery. These products prolong blood clotting, and therefore, may cause excessive bleeding and bruising following your surgical procedure.

**Aspirin and Aspirin related products should be avoided TWO WEEKS prior to your surgery:** Aspirin, Aleve, Advil, Alka-Seltzer, Anacin, Anahist, Anaprox, APC, Aspirin, BC, Bromo-Quinine, Bromo-Seltzer, Bufferin, Coricidin, Darvon, Dristan, Ecotrin, Empirin, Excedrin, Feldene, 4-Way Cold Tablets, Ibuprofen, Indocin, Liquiprin, Midol, Motrin, Naprosyn, Nuprin, Pepto-Bismol, Sal-Sayne, Stanback, Theracin, Tolectin, Trigesic.

**Other Medications to avoid TWENTY-FOUR HOURS prior to your surgery:** Tricyclic Antidepressants (such as Amitriptyline, Trazadone, Zyban, Welbutrin, Celexa), Metabolife, Xenadrine, Ripped Fuel or other weight loss supplements or energy enhancing/stimulating substances, Herbal or natural supplements especially Vitamin E.

### **BLOOD THINNERS:**

If you take a **BLOOD THINNER** (Coumadin, Lovenox, Plavix, etc.) these medications require a medication-specific discussion with your Surgeon. Please inform us at your consultation and **PRIOR** to any surgery.

### **BISPHOSPHONATES:**

If you take a **BISPHOSPHONATE** for Osteoporosis (Aredia, Zometa, Fosamax, Actonel, Boniva, Didronel, Skelid, Reclast) please inform us at your consultation and **PRIOR** to any surgery.

### **MEDICATION REMINDER:**

Please do not stop prescribed medications on your own or based on the information here. The purpose of the above information is to remind you of your discussion with Dr. Tye at your pre-operative appointment. Consult your physician before stopping or starting any prescription medication, most medications can be resumed immediately following your surgery.